

Sandown Racecourse 29/5/2010

Mens 40 to 44 10000m Road Race

22	1696	David Lau	37:58
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Mens 45 to 49 10000m Road Race

5	1695	Chris Harvey	35:47
43	2554	Christopher Scully	41:07
60	1690	Greg Berti	44:28
69	1689	Mark Bartholomeusz	47:09

Mens 50 to 54 10000m Road Race

37	1693	Richard Ferrer	45:54
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Mens 55 to 59 10000m Road Race

2	2531	John Williams	36:13
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Mens 60 plus 10000m Road Race

15	1699	David Jones	55:51
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Mens Open 10000m Road Race

147	1695	Chris Harvey	35:47
148	1694	Shaun Green	35:51
157	2531	John Williams	36:13
184	2245	Peter Parks	36:42
233	1696	David Lau	37:58
240	2449	Nicholas Cowling	38:05
346	2554	Christopher Scully	41:07
420	1690	Greg Berti	44:28
447	1693	Richard Ferrer	45:54
461	1689	Mark Bartholomeusz	47:09
511	1699	David Jones	55:51

Womens 40 to 44 10000m Road Race

9	2484	Nicki Macfarlane	41:27
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Womens 45 to 49 10000m Road Race

7	1700	Helen Lau	45:23
11	1697	Caroline Howard	46:27

Womens Open 10000m Road Race

21	1688	Tracey Austin	38:04
56	2484	Nicki Macfarlane	41:27
106	2483	Eilidh Grigg	45:01
111	1700	Helen Lau	45:23
123	1697	Caroline Howard	46:27
156	2500	Joanne Pratt	49:21

Womens Under 18 3000m Road Race

4	132	Amy Burren	10:42
17	1832	Natasha Marr	12:04