

Lardner Park 8/5/2010

Mens 40 to 44 8000m Cross Country

15	1696	David Lau	33:02
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Mens 45 to 49 8000m Cross Country

3	1695	Chris Harvey	30:35
29	2554	Christopher Scully	35:15
37	1690	Greg Berti	38:17

Mens 50 to 54 8000m Cross Country

26	1693	Richard Ferrer	38:54
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Mens 55 to 59 8000m Cross Country

2	2531	John Williams	31:00
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Mens 60 plus 8000m Cross Country

19	1699	David Jones	49:07
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Mens Open 8000m Cross Country

106	1695	Chris Harvey	30:35
117	2531	John Williams	31:00
121	1694	Shaun Green	31:05
134	2245	Peter Parks	31:31
178	1696	David Lau	33:02
242	2554	Christopher Scully	35:15
255	2555	Ashley Snowden	36:00
267	1688	Mark Bartholomeusz	36:48
289	1690	Greg Berti	38:17
292	1693	Richard Ferrer	38:54
347	1699	David Jones	49:07

Mens Under 18 3000m Cross Country

3	2530	Leigh Bruton	13:56
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Womens 45 to 49 4000m Cross Country

11	1697	Caroline Howard	19:23
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Womens Open 4000m Cross Country

100	2500	Joanne Pratt	19:13
102	1697	Caroline Howard	19:23

Womens Under 16 3000m Cross Country

17	257	Sarah Burren	12:50
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Womens Under 18 3000m Cross Country

7	132	Amy Burren	12:25
16	1832	Natasha Marr	13:47