

Bundoora Park Cross Country 18 July 2009

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Mens 40 to 44 12000m Cross Country				
Rank	Bib	Name	Team	Performance
18	1114	David Lau	Malvern Harriers	47:38
35	1887	Francis Kaszmarek	Malvern Harriers	55:57
Mens 45 to 49 12000m Cross Country				
Rank	Bib	Name	Team	Performance
10	2129	Orlando Parish	Malvern Harriers	44:52
11	2171	Christopher Harvey	Malvern Harriers	45:06
37	817	Gerg Berti	Malvern Harriers	53:56
40	810	Mark Bartholomeusz	Malvern Harriers	55:23
Mens 50 to 54 12000m Cross Country				
Rank	Bib	Name	Team	Performance
6	977	John Williams	Malvern Harriers	44:58
Mens 55 to 59 12000m Cross Country				
Rank	Bib	Name	Team	Performance
7	978	Max Howard	Malvern Harriers	49:28
Mens 60 Plus 12000m Cross Country				
Rank	Bib	Name	Team	Performance
11	1998	David Jones	Malvern Harriers	1:05:39
Mens Open 12000m Cross Country				
Rank	Bib	Name	Team	Performance
132	2129	Orlando Parish	Malvern Harriers	44:52
135	812	Shaun Green	Malvern Harriers	44:57
136	977	John Williams	Malvern Harriers	44:58
139	2171	Christopher Harvey	Malvern Harriers	45:06
204	1114	David Lau	Malvern Harriers	47:38
206	822	David Stones	Malvern Harriers	47:40
231	2219	NICHOLAS COWLING	Malvern Harriers	49:03
244	978	Max Howard	Malvern Harriers	49:28
272	811	Dan Halliday	Malvern Harriers	51:21
311	817	Gerg Berti	Malvern Harriers	53:56
320	810	Mark Bartholomeusz	Malvern Harriers	55:23
328	1887	Francis Kaszmarek	Malvern Harriers	55:57
376	1998	David Jones	Malvern Harriers	1:05:39
Mens Under 20 8000m Cross Country				
Rank	Bib	Name	Team	Performance
12	7815	MITCHELL BIEN	Malvern Harriers	27:41
Womens 40 to 44 8000m Cross Country				
Rank	Bib	Name	Team	Performance
12	816	Caroline Howard	Malvern Harriers	38:20
Womens 45 to 49 8000m Cross Country				
Rank	Bib	Name	Team	Performance
9	1113	Helen Lau	Malvern Harriers	36:54
Womens 50 Plus 8000m Cross Country				
Rank	Bib	Name	Team	Performance
7	813	Barbara Fay	Malvern Harriers	41:55
Womens Open 8000m Cross Country				
Rank	Bib	Name	Team	Performance
6	821	Tracey Austin	Malvern Harriers	29:54
91	1113	Helen Lau	Malvern Harriers	36:54
106	816	Caroline Howard	Malvern Harriers	38:20
118	1997	Christine Ansoorge	Malvern Harriers	40:00
128	813	Barbara Fay	Malvern Harriers	41:55